



BARKER DENTAL CARE

**Beautiful Healthy
Smiles**



Practice News

Autumn Issue 2012

Prevention is the Key



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As the old adage goes, prevention is better than a cure. Years ago it was generally accepted that most people would lose their teeth and need full dentures when they were older. Thankfully that is no longer the case. Barker Dental Care aims to help our patients keep their natural teeth for longer and when that is no longer possible, to provide our patients with natural functioning and aesthetically pleasing alternatives. Basic preventative dentistry means advising our patients and helping them to achieve excellent oral hygiene and a well-balanced diet which prevent tooth decay and gum disease as well as providing the necessary dental treatment to achieve these goals. We know that patients do not like to hear that there is a problem in their mouths that needs addressing. However, the alternative of watch it and wait will ultimately lead to more severe problems in the future. Ignoring cracks in teeth, misaligned bites, heavily filled teeth (which could break), an abscess, tooth decay, or gum disease, all leave the patient needing bigger, more costly treatments in the end or even losing the teeth altogether. Preventative dentistry is not just about brushing teeth better or more often. Great preventative dentistry requires having regular check-ups with a dentist who has the skills and knowledge to spot potential problems when they arise, who can discuss with you the options for treatment, and who has the clinical abilities to correct these issues. Our motto at Barker Dental Care is "keep your teeth," and we will endeavour to provide you with all the tools and treatments necessary to do so.

Opening Times

Monday:	8:30-12:30	2:00-5:30
Tuesday:	8:30-12:30	2:00-5:30
Wednesday:	8:30-12:30	2:00-5:30
Thursday:	8:30-12:30	2:00-5:30
Friday:	8:30-12:30	2:00-5:30

Who's Who At Barker Dental Care

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Christopher Leech joined the practice in November 2011. Many of you have already met Chris and know what a knowledgeable and enthusiastic dentist he is. Chris's aim is to keep his patients' dental health in tip-top condition through his focus on oral hygiene and preventative care, which are essential to preventing future serious dental problems. Chris has invested heavily in his dental education and skill base surpassing the level that many dentists achieve in their whole careers. As a testament to his hard work, Chris has been nominated for a national award, Young Dentist of the Year 2012, and we are very excited at his prospects of winning this highly prestigious award. In addition to his work at the practice, Chris and his lovely wife, Laura, are expecting their first child in October. We wish them all the best!



Website: www.barkerdentalcare.co.uk Telephone: 01489 572308

Referrals



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The biggest compliment you can pay us is to refer your friends and family. We are always delighted when we receive referrals from our patients. This means a great deal to us because it means that you are happy with your dental care and are pleased to pass on the recommendation to your friends and family. As a special thank-you, you will receive a credit of £5 with us when you refer an adult friend or family member. Referrals from patients like you are how our practice has grown and will continue to do so with your help.

0% Finance Available
Get the Smile You Desire...
Spread the Cost of
Treatments Over £500

**Subject to terms and conditions*



Did you smile today ?



Why did the king go to the dentist? **To get his teeth crowned.**
Why did the tree go to the dentist? **To get a root canal.**
What did the tooth say to the dentist? **'Fill 'er up.'**

New Infection Control Guidelines for Dentistry

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Behind the scenes at Barker Dental Care, we have invested heavily in our new decontamination room and applied procedures to comply with the new sterilisation guidelines for dentistry. All practices had to meet the basic level of cross infection control by December 2011. Many practices have been very slow to react to the new legislation and have failed to establish even the basic level of compliance. We are very pleased to say that at Barker Dental Care not only did we meet the basic guidelines by December 2011, but we also exceeded those by putting into place the "Best Practice" guidelines. You may not see the things we do behind the scenes, but as a patient of Barker Dental Care, you can rest assured that we take every precaution and go to tremendous effort to ensure that we meet and in many cases exceed basic dental guidelines and legislation.



Want a Whiter Brighter Smile?

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We have helped many of our patients achieve a whiter brighter smile. Tooth whitening is an easy and affordable way for patients to improve the look of their smiles, and results can be achieved quite quickly. We offer both the standard at home whitening option as well as the Enlighten whitening treatment. Unlike some whitening treatments that quickly fade, the Enlighten technique achieves spectacular results, which last and can easily be maintained. Whether you want to brighten your smile for a special occasion or as a special treat for yourself, call us today for a free consultation.



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Barker Dental Care

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