



BARKER DENTAL CARE

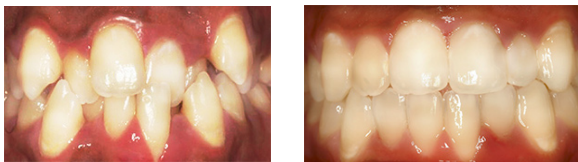
Beautiful Healthy Smiles



Practice News Autumn/Winter Issue 2013

Revolutionary Orthodontics: **FASTBRACES**

Fastbraces is a revolutionary orthodontic treatment that achieves much quicker results and cost less than traditional orthodontics. With Fastbraces, results can typically be achieved in 3-12 months. The patented Fastbraces system uses an innovative bracket and a specially-shaped wire to correct the position of the root of the tooth from the very beginning of treatment. This combination of realigning the root and the crown of the tooth simultaneously is the key. This technology has been used in the USA for over 20 years and has been found to be safe, fast, and affordable. Tim is now providing Fastbraces orthodontics at Barker Dental Care. As you can see in the photos below, excellent results can be achieved with Fastbraces.



Having a straight, bright smile not only has an impact on your overall appearance but also can improve your self-confidence. Patients, who would previously hide their smile or not smile at all because they were self-conscious, have found that after orthodontic treatment they now smile in photographs and feel more at ease in their communication with others, both socially and at work. If you would like to discuss having Fastbraces treatment, please ring our reception team to book your **Free** consultation with Tim.

Our CQC Inspection

As of April 2011, all dental practices came under the authority of the Care Quality Commission. We had our CQC inspection in June and are very pleased to say that we passed with flying colours.



Opening Times

Monday:	8:30-12:30	2:00-5:30
Tuesday:	8:30-12:30	2:00-5:30
Wednesday:	8:30-12:30	2:00-5:30
Thursday:	8:30-12:30	2:00-5:30
Friday:	8:30-12:30	2:00-5:30

For out-of hours emergency appointments, please ring the practice for further information.

Tim's Lake District 24 Peak Challenge

Tim Barker completed his Lake District challenge in July, and we are extremely pleased to announce that he raised over £1400 in donations and sponsorships for the charity Operation Smile. This money will go a long way in helping treat children around the world who are affected by cleft lip and palate. Tim would like to say a big thank you to all of



Who's Who At Barker Dental Care

Leigh Knowles qualified at Liverpool University in 1999 and worked in general practice in the North West for several years before becoming a partner in his private practice in 2003. He relocated to Hampshire in 2007 and joined Barker Dental Care in October 2011. Leigh has enhanced our team with his many years of general dental experience and his knowledge and expertise particularly in the areas of implants, occlusions, cosmetic dentistry, and management of toothwear/grinding. He is a very accomplished dentist and has obtained the prestigious Diploma in Restorative Dentistry from the Royal College of Surgeons of England. Leigh and his lovely wife have two young children who keep them very busy, and in his spare time, he enjoys mountain-biking and snow-boarding.



Website: www.barkerdentalcare.co.uk Telephone: 01489 572308

What Our Patients Say...



"I feel as though I have regained my youth."

"Thank you and your staff for the excellent service and treatment...the final result is outstanding!!!"

"I will miss our appointments as I feel I have been treated so well, more like pamper appointments than a trip to the dentist."

"So simple - so brilliant. Thank you for your excellent work."

If you have been happy with our service and would like to add your testimonial to our book and website, we would love to hear from you. See the other wonderful comments from our patients on our website.

0% Finance Available
Get the Smile You Desire...
Spread the Cost of Treatments
Totaling Over £500

*Subject to terms and conditions



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GOOD DENTAL HYGIENE IS IMPORTANT FOR THE WHOLE FAMILY ... BUT FLOSSING YOUR CAT WAS PROBABLY A BAD IDEA.



Good Oral Hygiene May Help Prevent Alzheimer's According To A New Study



A new British study published in the July 2013 Journal of Alzheimer's Disease reports that individuals with poor oral hygiene and gum disease may be at a greater risk of developing Alzheimer's disease. Signs of the bacteria commonly associated with chronic periodontal disease were found in the brains of some patients who suffered from Alzheimer's disease while no signs of the bacteria were found in the brains of people of a similar age who never developed dementia. This latest study adds further evidence to an earlier 2010 American study which linked inflamed gums to a greatly increased risk for cognitive impairment associated with Alzheimer's. While this bacteria can enter the bloodstream through normal daily activities like chewing, eating and toothbrushing, the crucial factor is limiting the bacterial load in the gum tissues. This new research provides further evidence of the importance of maintaining good oral health through regular dental check ups and hygienist cleans as well as brushing and flossing twice a day at home. Based on this research, two minutes twice a day of daily tooth cleaning not only could make a significant difference to your dental health but also to your overall health and well-being.

Has Your Dentist Recommended A Crown?

A crown is a handcrafted cap that is cemented onto the core of a tooth, and your dentist may recommend that you have a tooth crowned for a number of different reasons. One situation in which a crown may be recommended is when a tooth has been heavily filled. A heavily filled tooth is much more prone to breakage. If the tooth suffers significant breakage such that too little natural tooth structure remains to rebuild or to crown, the tooth may unfortunately have to be extracted leaving the patient with a gap. By crowning a tooth before this happens, the core of the tooth is protected adding valuable strength and greatly reducing the risk of breakage or tooth loss. As shown in the photos below, the crown also significantly improves the colour and look of the tooth. When a crown is placed on the tooth, it is critical that the crown fits very accurately. All crowns are not created alike. Consequently, at Barker Dental Care, our dentists take great care in not only the preparation of the tooth for the crown but also in the dental laboratories that we use to ensure that our patients receive excellent results and exceptional care.



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 Barker Dental Care

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