



**BARKER DENTAL CARE**

**Beautiful Healthy Smiles**



# Practice News

**Spring/Summer Issue 2013**

## Orthodontics--- Not Just For Children Anymore

Orthodontics used to be primarily a treatment for children. Now, more and more adults are seeking orthodontic treatment to achieve that straight smile they have always desired. Having a straight, bright smile not only has an impact on your overall appearance, but it can also improve your self-confidence. Patients, who would previously hide their smile or not smile at all because they were self-conscious, have found that after orthodontic treatment they now smile in photographs and feel more at ease in their communication with others, both socially and at work. We offer several different teeth straightening treatments as not all treatments are appropriate for all patients. One option that we offer is called an **Inman Aligner** which may be a choice for those patients who have mild crowding or crookedness on the front teeth only. A second option is called **Invisalign**. Invisalign is a world renowned and well respected orthodontic system which Tim has been doing at the practice for over 4 years now. Invisalign is a virtually invisible way of straightening teeth. It uses a series of custom-made clear aligners to reposition teeth which is an appealing option for many adults. Our patients have had fantastic results with Invisalign.



A third option is a revolutionary orthodontic treatment called **Fastbraces**. While Fastbraces utilizes brackets and wires to move teeth, the difference to traditional orthodontics is that Fastbraces can achieve results much quicker and at a lower cost to the patient. Results can typically be achieved in 3-12 months. This technology has been used in the US for over 20 years now and has been found to be safe, quick and affordable. If you would like to discuss any of these options, please ring our reception to book your **Free** consultation.

## Opening Times

Monday:	8:30-12:30	2:00-5:30
Tuesday:	8:30-12:30	2:00-5:30
Wednesday:	8:30-12:30	2:00-5:30
Thursday:	8:30-12:30	2:00-5:30
Friday:	8:30-12:30	2:00-5:30

**For out-of hours or emergency appointments, please ring the practice for further information.**

## Who's Who At Barker Dental Care

Tim qualified at Bristol University in June 1996 and joined Barker Dental in 1998, becoming practice owner in 2007. Tim has attended numerous postgraduate courses on a variety of topics including endodontics (root canals), restoring implants, Invisalign orthodontics, Fastbraces orthodontics, Inman Aligner orthodontics, temporomandibular joint disorders (TMD), restorative and cosmetic dentistry. In particular, he has attended the residential courses at the world renowned Pankey Institute in Florida and the Las Vegas Institute for Advanced Dental Studies. He has also been a member of the Newbury study group for over 10 years now and will become chairman in the coming year. Tim has a wonderfully patient and caring chair-side manner and has developed an excellent relationship with his patients over the years. In his free time, Tim plays hockey for the Fareham Hockey Club and also enjoys going hiking. He completed the 3 peaks challenge in 2012 climbing the 3 highest peaks in England, Scotland and Wales in 24 hours. This year he is attempting the Lake District 24 peak challenge to raise money for Operation Smile which helps children deformed by a cleft lip/palate.



**Website: [www.barkerdentalcare.co.uk](http://www.barkerdentalcare.co.uk) Telephone: 01489 572308**

## What Our Patients Say...



*"I feel as though I have regained my youth."*

*"Thank you and your staff for the excellent service and treatment...the final result is outstanding!!!"*

*"I will miss our appointments as I feel I have been treated so well, more like pamper appointments than a trip to the dentist."*

*"So simple--so brilliant. Thank you for your excellent work."*

If you have been happy with our service and would like to add your testimonial to our book and website, we would love to hear from you. See the other wonderful comments from our patients on our website.

## 0% Finance Available Get the Smile You Desire... Spread the Cost of Treatments Over £500

\*Subject to terms and conditions



## Free Children's Check-ups When a Parent is Registered With Us Under Denplan

All parents want the best for their children. In order to help make the best dental care more affordable for families at Barker Dental Care, we have made check-ups for children 12 years of age and under FREE when an adult family member is registered at the practice under either Denplan Care or Denplan Essentials. For more details, please speak with a member of our reception team.



## Another Way We Can Help

The state of the economy over the past few years has created challenges for us all, consumers and business owners alike. As business owners, we made a decision to keep our fees for this year frozen at last year's prices. We value our patients' loyalty to the practice greatly, and by keeping our rates static, we hope that we can help our patients continue to afford the excellent service we provide. As always, we offer Denplan payment plans to help spread your dental care costs as well as give you peace of mind when unforeseen dental problems arise. We also offer interest free financing for those more expensive treatment items.



## Amalgam Fillings vs. White Fillings

Dental amalgam has been used for almost two hundred years as a method of restoring decayed teeth. However, in recent years there have been concerns over the use of mercury fillings and their long-term effects on both an individual's health and the environment. The World Health Organisation has completed committee deliberations early this year which suggest over time a global "phase-down" of amalgam use and which also found dental amalgam to be a significant source of mercury exposure. From a dental clinical perspective, modern composite (white) fillings appear to result in fewer tooth fractures, often need less tooth drilled away, and give a much nicer and natural appearance.



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